Sphere 6: Tiphareth, Beauty

 Feelings of beauty is said to be as close as we can come to consciously experiencing direct contact with the Divine

Reading From The Zohar

"The man who comes from the Tree of Life is not punished at all. He has no evil inclination. He is perfectly Righteous."

In our kabbalah work

• We are learning how to "come from the Tree of Life" to manifest our heart's desire.

Beauty is an energy-Frequency you can feel, be guided by and learn to live in.

- PRACTICE staying attuned to beauty.
- Doing things beautifully, in line with your sense of beauty.
- Bringing beauty into HOW YOU EXPERIENCE or live through your present moment.

Feed your sense of beauty.

- Beauty is an inspirational energy that fills your heart with joy and inspiration.
- The more you feed on beauty, the stronger your attunement to beauty.

The word Cosmos means Order and Beauty.

- Beauty is the infinite cosmic field that you live in.
- When you experience beauty, you experience the truth of what is going on.
- Beauty is what the universe is creating of your life.
- Trust the flow of life, give up resistance to what happens, maintain your inner harmony and balancer, drop all negative judgment toward experiences, people, situations and events.

If you feel trapped in a world without beauty,

- **do The Method** on how you feel
- Then abstain from thinking disturbing thoughts.

Path 6 – 9:

- As you persevere in your practice of living in beautiful harmony, amidst life's tests and trials, you gain the strength to live in beauty and to manifest beauty under all circumstances.
- This is the path of soulmate relationships, because we must be able to maintain our balance in the midst of feelings of powerful loving attraction for such a relationship to last, thrive and flourish.

Beauty is associated with your heart-chakra

• Practice living with attention there, to help you to remain in the loving, harmonious vibration of beauty and to recognize situations where that is absent.

The angels associated with Beauty are the Malachim, meaning Kings.

- They support you in living beautifully, in creating and maintaining beauty and harmony, which takes you to the highest levels of authority, respect and appreciation.
- They support and work through those who rule beautifully.

Beauty is the free, joyful expression of your gifts and talents.

It is a product of loving yourself.

- Practice washing your hands with love.
- Place your hand on your heart and feel love flowing from your hand into your body, your being, your soul.

The astrological association with Tiphareth is the Sun

- In Astrology your Sun-sign represents the core pattern of your personality structure.
 - O Symbol of the sun is a point at the center of a circle
 - o The point represents your true self, your true essence
 - The circle represents a kind of "ring pass not" that keeps consciousness attuned to the true self, which is the source of love and light.
- In astronomy it is center of the solar system, just as it occupies the central position on the Tree of Life
- In mysticism it is the Messiah, the Christ, the fully realized human being working consciously with the One Power

Beauty is associated with the sun in our solar system.

- It is a source of INNER light:
- your feeling-guide in RECEIVING visions for your beautiful life, path 3 -6: the visions that descend from Binah, Sphere 3 on the Tree to the feeling of beauty in your heart.
 - Practice: Open your heart to a totally beautiful, harmonious life
 - As a result, beautiful manifestations will follow you; you won't have to chase them.
 - From its central place on the Tree it functions like the sun that keeps the planets of our solar system in perfect balance to create and sustain the harmony of living nature (represented by path 6-7)
 - Tiphareth keeps all of the energies of the Spheres in harmonious, beautiful order, balance and harmony for the perfection of manifestation.
 - It is the music of the spheres.

Beauty if felt in stillness:

Beauty is a silent song you can feel in the depths of your inner silence.

Beauty is the Mediating Intelligence.

- It is the energy of Perfect Mediation, keeping the cosmic system in a state of balanced, harmonious mutual support.
- To find solutions in conflict seek the balanced, harmonious way.

The archangel of Beauty is Raphael

- He is archangel of the rising sun, the east
- He is the archangel of air, referring to the mind, where truth is received
- The name Raphael means Healing of God.
 - Harmonious balance brings a healing tone a kind of vibratory tonic to body, mind and soul, and to society and nature.

Path 1-6

- connects Tiphareth directly to Kether, meaning that Divine Will is contacted in a state of beauty, balance and harmony.
- It sits directly under Kether, indicating a couple of things.
 - First, that we can think of Tiphareth as a lower Kether, as a kind of ambassador for Kether, Kether's representative in the world of creation.
 - That the closest we can come to knowing Divine Will is through the feeling-knowing of a state of perfect inner harmony or accord.

Path 2-6

- indicates that following wisdom leads to beautiful outcomes.
- The important thing, then, is to pause to connect with your inner state of harmony and balance to receive inner guidance before automatically reacting.

Path 3-6

• teaches us to form beautiful mental images, not ugly or unwanted ones.

Path 4-6

• teaches us that a sufficiently merciful approach, including letting go, relaxing, and trusting in beautiful outcomes allows beautiful outcomes to manifest.

Path 5-6

 reminds us to employ the necessary discipline to maintain balance and harmony and stay in attunement to beauty.

Path 6-7

- Beauty is a power that leads to victory
- The only victories worth winning demonstrate the power of beauty.

 A beautiful path is fair, balanced, harmonious and mutually supportive of all concerned.

Path 6-9

- reminds us to be stable, steadfast and enduring in maintaining our harmonious center, keeping our balance, on a consistent basis, even when most strongly tempted to lose it.
- Remaining in beauty provides us with a stable foundation of support

Path 6-8

- teaches us to take beauty to majestic heights in our visions and demeanor.
- Refers to the glory or great reputation created by beauty
- It represents the merger of true beauty and integrity or inner and outer beauty.

You will notice that there is no path directly connecting Sphere 6 with Sphere 10.

- There is somewhat of a parallel here with the absence of a path connecting Sphere 3 to 4 on the Tree.
- Sphere 3 is Divine Understanding of the Cosmic Plan, we can call it the conception of the universe in Divine Mind or Imagination.
- In Sphere 4, creation along the lines of that plan, concept or vision begins. Things change from Knowing to Doing. Sphere 4 is the sphere of faith. The closest we can come to true Knowing in this world is faith.
- In Malkuth consciousness five-sensory awareness the higher rays of divine love and light cannot penetrate "the veil of appearances".
 - Divine love and light still work on the earth, but without the conscious recognition or cooperation of those who live in sensory ignorance of the Divine Presence.
 - As you awaken to your spiritual urge, your soul's spiritual hunger, the yearning to merge with God, this is the essence of beauty in feelings
 - Thus, the bottom of your Tree of Life consciousness rises,
 - until Tiphareth sits in the center of the upper rectangle,
 - indicating our consciousness has been raised and True Knowing becomes available.
 - Our spiritual task is thus to work our way up the Tree, from Malkuth to Tiphareth

Manifest Your Heart's Desire

 As you live in beauty – The Tree of Life in harmony – consciously and consistently, the higher vibrations of beauty permeate our world and lifts circumstances into more heavenly conditions, including harmonious relationships, intimate companionship, abundance, flourishing gifts and talents, lively physical wellbeing, service of profound purpose, happiness and love with awareness of the Divine Presence.

Tarot key 6: The Lovers

- o The male is conscious awareness in the present moment
- The female is the subconscious
- The angel is the superconscious, the guidance from on-high that descends through living in harmony and attuning to higher guidance
- o IE: those who live in love can contact and be guided by truth which IS LOVE.

Tay is the first and last letter of Tiphareth

- Tav represents mastery.
- Sphere 6 represents the mastery of the divine manifested in the mastery of the human being.

The 6-pointed star

- Symbol of integration of earthly life with spiritual aspiration
- Living in balance and harmony integrates higher spiritual forces into earthly manifestations
- The human aspires, the Divine inspires
- See the 6-pointed star in the lantern of Key 9
 - This represents the light that shines down to us from higher worlds, guiding us along the way

Tiphareth Meditation

- o enter in Malkuth, aware of your five sensory experiences in the present.
- Open your feelings to sense and feel your feelings within
- o Feel and surrender with trust to the absolute support of the Divine
- o Tune into feelings of majesty and a totally majestic you and life
- Tune into feelings of a totally victorious self and life
- Open your heart to feelings of beauty
- o Feel the perfect balance of Mercy and Justice
- Open your mind to visions of beauty for your life and the world (tikune olam and olam haba – repairing the world and the world to come)
- Atune your mind to higher wisdom's guidance now
- Open to the deepest inner guidance available to you.