#### **Quote From The Zohar:**

The following is repeated many, many times in the Zohar. It is an exclamation made by one who experiences the ecstasy of deeper understanding:

"Had I come into this worlds only to hear this, it would be sufficient!"

Thus we see the connection between spiritual enlightenment (awakening to Binah, true understanding of how God operates) and true happiness.

As we learned in the previous lesson,

<u>The 12 Powers of the Zodiac</u> represent both the 12 powers that we must master to master manifesting.

They also represent the 12 Powers perfectly mastered by the Divine in the wise creation of the universe.

- The wisdom of counting on this is represented by Tarot Key <u>12</u>
  - picturing a man hanging peacefully upside from the Hebrew letter Tav, which means mastery.
    - It represents depending with faith in the perfect plan for the universe, including when it seems you have no control
    - 1+2=3 Depending on the mastery of the universe while you impregnate the subconscious with images.

## The 3<sup>rd</sup> Sphere on the Tree is named Binah, which means Understanding.

Part of the Understanding contained in Sphere 3, Binah:

The upper world and the lower world:

The upper world is the Tree structure that rules the universe for eternity

The lower world is the world of phenomenon as perceived through the physical senses The human purpose is to LINK – Vuv - those worlds to manifest the kingdom of heaven on earth.

# Binah includes the understanding of the creative process employed by God, The Master Manifester:

- The Kabbalah Tree Of Manifestation:
  - Sphere 1: Connect with your deepest intention
  - Sphere 2: Tune into wisdom (instead of being reactive)
  - o Sphere 3: Open your heart and mind to a vision of your purpose and plan fulfilled
  - Sphere 4: Relax, let go, have fun, be kind
  - Sphere 5: Exercise necessary discipline, set necessary boundaries
  - Sphere 6: Maintain inner harmony and balance and follow the sense of beauty unfolding
  - Sphere 7: Follow your feelings and focus on achieving victory step-by-step
  - Sphere 8: Align your thinking with your objective and walk the path of integrity, honor, respect

- o Sphere 9: Persevere and trust in the eternal support of the universe
- Sphere 10: Manifest your objective degree by degree

In Kabbalah we are told that

#### Binah is the source of faith and the foundation of Wisdom.

• When you understand (penetrate Binah) how the Tree represents the manifestation process and the laws that govern the universe, true faith is inspired and you receive the wisdom of how to align your actions and reactions with the Tree.

#### Binah sits atop the Left-Hand Pillar of The Tree

- It is therefore known as "The Mother Of Form"
  - o It represents the Conceiving Mind of the Divine.
  - It constitutes the Creative Imagination of the Divine.
    - Thus, Key 3 of Tarot is its image: the Beautiful Divine Feminine pregnant with the beautiful universe. Viewing this image stimulates your creative imagination to receive beautiful visions of what is possible.

It is in Binah that God conceives of the perfect plan for existence, which gives the infinite its structure-function-order.

Remember that the 10 Divine Powers of the Tree represent the 10 Divine Powers in you. As you conceive of a condition you choose to manifest, you give FORM to the infinite possibilities of the universe.

#### The planet associate with Binah is Saturn.

- Saturn is the form-giver and the boundary establisher.
- It is known as the dark teacher, because it represents the way that experience teaches us through unpleasant consequences.

#### Saturn's Promise:

Your difficult earthly experiences and challenges, including the most difficult, shape your soul with higher wisdom and understanding as you simply pay close attention to the experience.

### Relative to the Tetragramaton,

- Binah represents the first Heh, meaning window, symbolizing vision.
- It is here that we emerge from pure feeling (yod) into a vision of what we want to create (1<sup>st</sup> heh).
- Remember that vision is automatically transmitted to the material plane via the vuv, to create the material form of the 1<sup>st</sup> Heh in Malkuth, the Kingdom of physical manifestation.

#### Practice the chant of the manifestation master:

- 1. Chanting Yod (feel the essence of what you want)
- 2. Chanting Heh (Open your mind to receive a vision of what you want)

- 3. Chanting Vuv (Trust, feel the image being transmitted to the physical level)
- 4. Chanting Heh (Experience the vision-consciousness as tangible material reality

# The practice of Devakut, meaning "cleaving unto God" through Zeir Anpin (The Revealed Aspect Of God: ie: the Tree)

- Kabbalah is all about the experience of Divine Union as the solution to all.
- This union is advanced and nurtured as we contemplate the way that the Tree of Life represents the structure-function-order of reality.
- Thus, we awaken to the plan and pattern of creation in Binah it also supports the experience faith in the perfection of whatever happens:
  - Sphere 1: All that happens is determined by God's Perfect Will
  - o Spheres 2 & 3: That Will is always guided by Perfect Wisdom and Understanding
  - Spheres 4, 5 and 6: It determines that a perfectly Beautiful balance of Mercy and Justice defines the way the universe works.
  - Sphere 7: God's Perfect Will is always victorious, unstoppable
  - Sphere 8: God rules with Perfect Integrity, Honor, and the Highest Respect for all souls
  - Sphere 9: God, the universe, always and forever perfectly supports
  - Sphere 10: The physical universe is a perfect reflection of the perfect working of the universe

#### Also practice seeing the Tree – Zeir Anpin - in your present experience:

- 1. This experience is a GIFT of Divine Will
- 2. It offers me a lesson in the wise way to live
- 3. It offers me a glimpse of deeper understanding of how I function and what is going on
- 4. It offers me all the mercy, leniency that I truly need
- 5. It is perfectly just, giving me just what I deserve for my self-improvement
- 6. It is a product of the whole universe, which is always beautiful
- 7. It offers me the opportunity to advance along my purposeful path
- 8. It treats me with the utmost honor
- 9. It offers me the strength of support for all I really need
- 10. It is a manifestation of the state of my own consciousness

You can see from this how Sphere 3, Understanding, leads to a realization of God's Perfect Mercy, revealing how existence is a pure and perfect gift, a realization bringing true joy.

#### In Binah is the plan for creation, including the plan of how to lead our lives in daily living:

- 1. Be intentional in the now
- 2. Follow wisdom instead of reacting
- 3. Take time to contemplate, digest experience for understanding of it's lessons, and base your choices on a clear understanding (on a feeling level)

- 4. Be consciously measured in your application of leniency, mercy, ease, freedom, and generosity
- 5. Be consciously measured in how much firmness, strictness, discipline you employ
- 6. Maintain your inner harmony and follow the path of beauty
- 7. Don't even consider defeat; take your next step toward victory
- 8. Follow the path of integrity and the utmost respect for self and all
- 9. Persevere and count on yourself
- 10. Direct your power to manifest to manifest what you want

#### **How to have Divine Revelation**

• Practice seeing The Tree in everything.

Example: a table

It was created by the will, intention to create it

It demonstrates the wisdom of how to build such a table

It demonstrates the understanding of what is involved to build a table that works as intended

It demonstrates mercy by making it easier to eat off of than the floor

It demonstrates justice through its geometric boundaries

It demonstrates beauty in its aesthetic aspect

It demonstrates the victory of accomplishment

It demonstrates honor to the degree that it demonstrates the mastery of its creator

It demonstrates the foundation in its sturdiness

It is a physical manifestation of the will to create it

#### When you see the Tree in something

- you are seeing the God in it, as the 10 spheres represent the 10 aspects or attributes of the Divine.
- At the same time, you are bringing the Divine Presence the Shekinah into the manifested world through your awareness.
  - This makes all humans more aware of God's presence, more Tree-Like in their ways, and brings more harmony and miracles into manifestation.

### **Practice: Binding The Tree In Mind**

View the Tree of Life enough to be able to see it in your mind with your eyes closed.

• Subsequent Practice: Tree Healing And Harmony

#### Project the Tree of Life onto every human being

- to see (in Binah) and relate to the soul, the true immortal self;
- to bring out the divine potential and healing in that individual
- to experience healing and uplifting harmony in your relationship with that individual. This frees you from personality clashes and negative judgment of that person.

<u>It is said in the Zohar that "the Shekinah goes into exile"</u> when depart from the harmonious path of love and cut our consciousness off from the Divine Presence.

As a consequence more mayhem and turmoil takes place in our lives and in the life of the planet in general.

#### The concept of Kleepote:

- These are "spiritual husks" or shells containing the divine sparks spread throughout creation.
- As we live in harmonious God-Tree awareness, the husks are dissolved and the divine sparks released to spread the light of glory, uplifting the world to heavenly heights.

#### The role of confrontations with evil:

- To inspire a deeper devakut
  - Uniting consciousness closer to the Divine Tree, rather than giving power to anything outside of you
    - (see Tarot Key 15) picturing the figures chained to the appearance of a wicked, domineering force –
      - notice the chains can be lifted off their heads (through true understanding, Binah, defining how the universe actually works and the good that is always in charge.

## <u>Type of Intelligence associated with Binah:</u> The Sanctifying Intelligence

How to create a sacred space, a sacred moment, a sacred experience – by understanding the Tree at work in what IS and bringing the Tree into your experience and activity.

Bringing Sanctifying Intelligence into this class:

Example Of The Tree In This Class:

It expresses my 1.intention to share the 2.wisdom and 3.understanding I have received. I present it in an 4. easy, natural way, 5. setting certain limits on what I give. I am sharing as 6 harmoniously as possible. I forge on to the most 7 victorious (for you) outcome possible, with the utmost 8. respect for what I am presenting and to whom; I maintain 9 patience by avoiding pushing; it is taking place on the 10 manifest level.

Final Binah Meditation:

Close your eyes and watch your mental images.

Then feel your feelings and go through The Method