

Session Two: Tarot Meditations For Mastering The Power Of Speech

Opening Quote:

Paul Foster Case:

“The greater number of human beings leaves the power of spirit out of their reckoning. Supposing themselves to be operating, so to say, by their own energies, they limit their ideas of the power at their disposal to the forces of their own bodies, and the resources of their visible possessions. They leave entirely out of account the most important part of human equipment, the real presence of the infinite spirit in every human personality. Human personality is truly the temple or abiding Place of the living God. Every one of us has all the resources of infinite spirit to draw upon.”

Tarot is a way of accessing these higher powers.

Opening Meditation:

The Temple Meditation on Key 16: letting go of limiting self-concepts for Conscious Oneness.

Tarot Key 16: The Tower: The Universe Speaks!

- Portrays the state of realization that there is no protection from the Truth (the laws that actually govern the universe);
 - we align with those laws or find our illusions shattered.
- The Hebrew letter associated with this image is *Peh*: meaning mouth. It refers to the mouth as an organ of speech.
- *“In the beginning was the Word, and the Word was with God, and the Word WAS God”*.
 - The WORD is the vibratory pattern of the entire cosmos which conveys the message of truth.
 - It is THE TRUTH that blasts the tower –
 - the tower is the illusion of protection of our attachments,
 - as well as the illusion of our separateness or isolation,
 - and the self-centeredness and selfishness that stems from it.
- The lightning bolt represents the “word” (a vibratory message) of truth breaking through the false protections against the truth that one has built up.

MASTERING SPEECH

- A common error when it comes to speech is becoming so self-centered and self-absorbed while delivering a message that you lose touch with the impact upon the listener.
 - You might be very interested in what you have to say, and you might be enjoying the process of delivery, while your audience is showing signs of disinterest, impatience, and frustration (chaotic outcome represented by Key 16).

- In all communication, practice the law of 3: aware of self, other and the relationship between.
 - To lose touch with any one of those aspects is to become a bother to your audience, rather than a support.
 - Based on the cosmic law or universal principle of mutual support, this pits the laws of karma against you, meaning you lose forms of support as a consequence.

The universe is a mutual support system and we are here to be supportive of one another in all we SAY, think, feel and do.

- The purpose of speech is to convey truth, but sometimes we have to let the universe speak for itself to people – like when it proves fruitless to try to warn or teach a better way.
- To gain a deeper understanding of the power of speech and how to master it, let's look at some Tarot images that relate to Image 16:
 - 16 = 1 and 6.

1 = The Magician. This key represents the powers of concentration and intention. Avoid a wandering mind when speaking, or it can take you “too long” to find your words and organize your message. Be clear about what you intend to get across. Key 1 also represents priorities, as in that which is most important. Check the relevance of what you have to say so that it does not merely interest you, but is IN the interest of the one you are speaking to.

6 = The Lovers. This key represents the integration of awareness of the field of experience with an inner opening to receive higher, inner guidance as to what is really meant to be.

While communicating, put these principles into practice:

Stay aware of the field of experience and open your inner self to intuitive guidance from above to sense the Right Trend for the conversation.

- 1 and 6 also equal 7: $1+6=7$

7 = The Chariot. This key represents victory over the personality, so that it becomes a fit vehicle through which the True or Higher Self functions.

Regarding appropriate speech, this means that you are not run by your moods, desires or hap-hazard thought streams. You are open to sense what is right to say, and the right way to say it, for everyone involved.

So we now have 3 numbers associated with Key 16:

- 1, 6, 7. Combined these become 167.
 - Meaning:
 - IN SPEECH

- Make it your intention (1) to remain aware of your field of experience and tuned into your higher guidance (6), resulting in victory over the personality as an instrument of higher guiding wisdom (7)
- When we simplify 167, we come up with 14 (1+6+7=14)

Key 14 is called Temperance. It represents the TESTING out of our wisdom in daily living. It is not enough to know about speaking in line with cosmic law, we need to actually test it out in laboratory of daily living.

Temperance also represents the inner strength or core of self-support gained by applying our highest wisdom, love and intelligence amidst life's tests and trials.

- Make it your intentional (Key 1) PRACTICE to speak clearly, concisely and CONSCIOUSLY (conscious of the Law of 3) in ALL daily living verbal exchanges. Notice how you say what you say and the results (that is testing out your speaking skills) to learn or recognize what you need to change and improve upon.

Exercise:

What are the elements that make a truly effective speaker?

What patterns of speaking are ineffective, counter-productive, or inefficient?

What are the ways you want to improve your speaking?

What are some of the weaknesses and strengths in speaking you have observed in others?

14 is composed of 1 and 4.

- **Key 1:** We have already seen how important it is to concentrate on and to be intentional about (rather than speaking haphazardly) what we are saying and how we are saying it (The Magician).
 - The fact that this number shows up again gives it special importance. SPEAK INTENTIONALLY, NOT HABITUALLY AND IN A DIRECT, ONE-POINTED WAY (So that you and your listeners are concentrating on the message, not distracted by unnecessary verbiage or round-about thinking).

Key 4: The Emperor. This image portrays the cosmic power of order, organization and reasonableness.

- The reasoning represented here is not mere logic.
 - It is doing or, in this case, SAYING things based on the laws or organization of the cosmos.
 - Speak from an ordered state.
 - Develop your point in an orderly, step-by-step manner.
- The Emperor also represents physical action and materialization (the 4 elements of earth: earth, air, water, fire).

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- Keep your speech practical, so that it serves a worthwhile purpose in the present context, and remember that what you say and how you say it manifests or materializes circumstances that reflect those patterns.
- You bring about what you speak about and the way you speak (efficient, orderly or inefficient, disorderly).
 - When you speak efficiently your heart's desires are fulfilled in a timely way; you don't manifest delay.

14 simplifies to the number 5.

- **Tarot Key 5 is the Hierophant.**

- A Hierophant is the revealer of sacred things: the highest use of speech is to convey spiritual wisdom – to let The Hierophant speak through YOU.
- The Hebrew letter associated with this Tarot Key is Vuv, meaning linker or fastener.
 - Here we have a key for linking in our listener in a deeper or more meaningful way.
- Coincidentally this key represents LISTENING; specifically INNER listening.
 - It tells us to LISTEN to what we are saying, how loudly or softly we are saying it, how clearly or muffled, how slowly or rushed, etc.
 - It also tells us to LISTEN WITHIN to the inner voice that guides along the path that aligns with the laws or principles of the universe.

Let us now summarize. We have viewed the following numbers:

16, 1, 6, 7, 14, 4,5 = 53

- **This returns us to Key 5.**

- Here again, special relevance is given to LISTENING, particularly, listening to the inner voice of higher guidance BEFORE AND DURING SPEAKING.

- **Key 3 is The Empress.**

- She portrays the fruitful creative imagination.
 - What we speak about we think about and what we think about we bring about.
 - Be mindful of what you are talking about to determine if you really want more of that in your life.

53 simplifies to 8.

- **Key 8 is named Strength.**

- It represents the taming of our bestial forces through the power of suggestion.
- WATCH what you are triggering off in the other person. If they get very emotional, they go beyond reason, and this can be dangerous.
- Practice keeping your own ferocity in check when speaking; maintain your peace and calm to speak functionally, leading your listener to where you want them to go: seek cooperation rather than conflict.

Closing Meditation Keys 0 and 16

1. View Keys from 16 and 0:
2. Together they represent the dislodging of the individual from stasis and separation the status quo (The Tower) into freedom and oneness (The Fool), realizing that we really don't know what we thought we knew, we are now set free to find the truth.
3. Feel your feelings
4. Feel love for how you feel
5. Feel what you feel AS love
6. Feel love for yourself
7. Feel yourself AS love
8. Imagine yourself feeling totally free
9. Feel the freedom and power to create whatever you want
10. Feel grateful for having been set free from limiting beliefs.
11. Feel perfectly safe with your infinite power to create what you choose
12. Feel yourself as a master communicator of life's deepest truths