

## Tarot Meditations: Lesson 12: Mastering Transformation For Evolution

### Quotes:

*"He not busy being born is busy dying." Bob Dylan*

*"There is one energy in the universe, and it is LOVE, and it is unconditional." Arnold Patent*

*"Remember: you never die." Paul Foster Case*

*"We wish to see quite clearly that chatter about social reform is just an evasion of personal transformation." Isidore Friedman*

*"Anguish is nothing more than a mental movie the sufferer carelessly permits to run through his mind." Isidore Friedman*

### Opening Meditation: The Method On The Madness In The World

1. Key 17: Feel your feelings regarding global events (or any chaos in your personal life)
2. Key 6: Relate to the situation through Tarot Key 6
3. Key 0: Feel an empty space opening up into infinity
4. Key 16: Feel Divine Energy coming in to fill that space, then to fill the universe
5. Key 19: Feel your pure sacredness radiating into the universe
6. Key 1: Think about your gifts and talents, or having the gifts and talents you most want
7. Key 9: Feel yourself sharing your inner sacred light and love with the world, feeling your Oneness with all
8. Key 3: Feel infinite abundance as your natural condition, and the condition of all people
9. Key 12: Feel yourself turning over the global challenges to the Mastery of the Universe.

These powerful Tarot Meditations empower us to confidently meet and robustly transform chaotic circumstances in our personal and global life into the evolution of higher order.

**Key Points: We Live In A Dynamic Energy Universe, in a CONSTANT state of transformation - Key 13 -and evolution - Key 18 = 31= 4 (The Emperor: direct your dynamic life into higher order)**

- Motion is a constant - Transformation is a constant; motion = transformation
  - You can tune in to feel the evolutionary process of transformation and lend your support to it.
- Every moment is an opportunity to direct the transformation process.
  - Ex: How to be physically compromised: Deepen your practice
  - Align the transformation process with the evolutionary process.

### The Active Cards or Images in Motion / Motion = Transformation

**0, The Fool** = aleph – ox - Life Breath:

POS: the continual power that drives us into higher transformation

NEG: Not noticing the changes or the need for change

- You are always on the brink of new formation
- You always have the drive to evolve self and situation
- Faith: the key to sensing the evolutionary process

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### **10, The Wheel Of Fortune** = Kaph – grasping hand:

POS: grasping the concept of continual, cyclic transformation / evolution

NEG: the grasp of attachment; fearful resistance to change

- View ups and downs equally, with equanimity
  - ALL change is for the better
- Learn from past experience (because the cycle will come back around) for improved choices: thus we evolve or grow in mastery and our life evolves to higher levels
- Directing the magic of transformation with the 4 fixed signs (images in the corner)

### **13, Death** – Nun - Fish (noun) – Propagation (verb) – Transition From Form To Form

POS: Living in the water of **conscious** imagination, focus on the new emerging state of greater liberation from the old, former stage of relative constriction.

NEG: Being run by unconscious imagining that falsely expects things to stay the same and projects worsening conditions in the future.

- The scythe represents pruning (the patterns in conflict with transformation/evolution and reaping (reaping the rewards of new, higher imagining takes us out of our previous life)
  - Prune misuse of the imagination and emotion
  - Harvest the new opportunities with courage to step forward
- Mastering the movement from life to higher life: 1 + 3 = magician over empress; maintaining inner harmony for harmonious transformation

### **16, The Tower** – Phe – Mouth as an organ of speech

POS: liberation from false beliefs that pit us against the universe (change) and drive us to cling to the false sense of protection from the universe

NEG: Resisting change, belief in separation

- The Lightning represents the pattern of the Tree of Life: the **UN**changing structure of reality (also represented by the foundation of the tower)
- See all change as liberation from previous limits
- Speak accurately, functionally, constructively to align with the transformation/evolutionary process

### **18, The Moon**, Qoph – Back of head (Seat of the Subconscious)

POS: Embrace the dredging up of unconscious, primitive reactions to transformation

NEG: Identify with the personality's automatic, unconscious reaction habit patterns

- Notice the negative reactions that arise so you can improve your alignment with the evolution of the true self (moon = personality, Sun = True Self)
- Recognize that pitting yourself against others (adversarial relationships) is a primitive pattern that prevents the emergence of the Oneness that is the evolutionary process.
- Evolution is a constant: life's challenges are all about rendering the personality an instrument for the One Self.

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**20, Shin - Judgement** – Tooth (puncturing: the limitations of physical senses), The fiery energy of transformation that “burns up” old forms of constriction / limitation

POS: Awakening to the vibratory level, the 4<sup>th</sup> dimension, evolution to a calling higher than the personal self

NEG: Holding onto personal identity

- Practice feeling open to a higher guiding force, to serving a higher sense of deeper purpose
- Maintain your balance in the dynamics: (see the equal armed cross on the banner) to serve / align with / support the higher purpose of the universe.

**0+10+13+16+18+20= 77 = 14 = 5**

- Listen to your inner voice for guidance in transformation/evolution)

### Final Meditation:

#### View Key 0:

Feel your willingness to entirely trust in the constant transformation/evolutionary process of all  
Feel the drive within you to fulfill your limitless evolutionary potential

#### View Key 10:

- Feel your willingness to let go of ALL of your attachments
- Feel your intention to maintain balance during life’s ups and downs
- Open your heart to a feeling and vision of the evolutionary process of your self and life

#### View Key 13:

- Feel your willingness to let go of the present and the past
- Feel your willingness to let go of your past identify and reaction patterns
- Feel your eternal nature and contemplate the higher self and life you want to be born into

#### View Key 16:

- Feel your willingness to let go of all fixed concepts that place you at odds with Truth
- Feel trust in the perfect support of the universe amidst any and all transformations
- Feel your oneness with everyone, with everything, with the universe and the Divine

#### View Key 18:

- Direct your awareness within, to view your innermost thoughts and feelings
- Feel your willingness to render your personality a perfect instrument of the True Self
- Feel your oneness with who you truly are, your True, Eternal, Infinite Divine Self

#### View Key 20:

Feel your willingness to maintain your balance in the midst of any and all transformations  
Feel your openness to RECEIVE the evolutionary transformation energy flowing into your life.