

Tarot Meditations Session 3: Mastering Cycles

Opening Quote:

"You must train yourself, hour by hour and day by day, to remain relatively calm in the midst of the emotional commotion, heat and tremendous pressures generated by living in a more or less un-sane (run by word, desires, emotions and ideas rather than direct perception of life-facts, the dynamic energy coordinates of the situation) and unconscious society." Isidore Friedman

"Improving circumstances begins with improving our response to our circumstances." IF

"I of myself do nothing; the UNIVERSE doeth it through me."

Opening meditation

Feel your feelings

Feel love for how you feel

For what you feel AS love

Feel love for yourself

Feel yourself AS love

Meditation on Keys 10, 1, and 0

10 - As I release myself from attachments that would pull me off my center, I turn my cycles of recurring challenge into golden spirals of higher attainment and awaken the four magical (creative) powers for directing my life: to know, to will, to dare, to do (and be silent). It is my intention (1) to be set free (0) of old reaction patterns (the fool's satchel of life-lessons).

What is a current challenge you are going through that is similar to one from your past?
How did you handle the challenge in the past? What new way can you try for improved handling of your present?

The Psychic Nature, IE Personality is cyclic (reincarnation, significant life-changes and the stages of mastery). The way to master cycles is to master the psychic nature (personality forces of thought, emotion, desire, etc.) in the context of the present challenge.

To repeat the same old reaction patterns is to recreate the same old problems. Cycles consist of beginnings, middles and endings. We are going to be using Tarot Meditations to support us in mastering all 3 phases.

The Way Out: turn the personality over to the guiding light of the True Self

- How: stop judging what happens as bad, negative or wrong. It is just what is happening to be dealt with wisely and effectly.
- Mastering Cycles (Cycology)

Each of the following Keys signifies cycles and how to master them as follows:

Key 0: Return to cycles of not-knowing, with absolute Faith in the universe
Zero is a circle, The crescent moon, rose: returning to infatuation with God

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Key 1: Return to cycles of being intentional, focusing on priorities

The lemniscate

The Serpent with its tail in its mouth.

Key 2: Recalling past occurrence of present cycle for lessons – understanding the cycle of giving and receiving relative to the subconscious

The re-collector of all knowledge, memory signifies cycles through the experience of familiarity and re-cognition

Lunar symbols

Flowing water, the cycles of the surf

Key 3: cycles of imaginative ideas blooming

she is pregnant

The crescent moon beneath her feet

Key 4 transcends cycles as he holds the staff of eternity and the glaciers represent the fixity of the law and order of the cosmos.

Key 5: Cycles of returning to listen to the inner voice of principle

the crescent moon at his throat

Key 6: transcends cycles as she tunes into the ever-present, ever-stable higher guidance of the True Light

Key : 7: Cycle of returning to settle your psychic (personality) forces for guidance

the crescent moons

Key 8: Cycles of beast reaction-urges arising to sublimate with suggestion

The lemniscate and lion's tale

Key 9: transcends cycles as the ever-present guidance of the True Self shining upon our way.

Key 10: The cyclic pattern of life's ups and downs beginnings-middles-endings

The wheel within the wheel depicts the Law of Cycles and the basic wisdom for how to master the cyclicity of life

Key 11: transcends cycles by representing the ever-present, permanent rule of justice over the universe.

Key 12: The cyclic return to a sense of powerlessness.

The crescent moons

Key 13: Return to the cyclic patterns of endings

it is all about mastery of change, and change is what takes place in cycles

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The scythe represents the cutting of attachments

The sunrise/sunset points to the meeting of the cycles of beginning and ending

Key 14: transcends cycles because it represents the ever-presence of the testing we go through for our learning and development (solar symbols = ever-presence)

Key 15 transcends cycles because it represents the ever-present truth that the belief in bondage bestializes and is based on illusion.

Key 16 transcends cycles as the lightning of truth is ever-present, knocking off the crown of egotism, the sense of separateness, the status quo and its protections.

Key 17: The cyclic pattern of the need for meditation for clarification

Cycles are represented by the ripples (waves) SHE IS CREATING in the water – the water represents the basic creative substance that forms all forms, and she directs its cycles with meditation

Key 18: The Moon: The cyclic patten of facing the arising of unregenerated drives and patterns
The moon goes through cycles, and represents the moody, cyclic nature of the unregenerated personality - which functions by reflection, like the moon. The winding path represents the ongoing cycles leading to the mountain top of illumination and liberation.

Key 19: transcends cycles because it represents the joy of living as the liberated true, eternal self

Key 20: Transcends cycles because it represents the ever-present call of the spiritual world.

Key 21: Attaining the cycle of mastery before the next higher cycle.

Master of the spiral potential of cycles

represents cycles by the spirals in the androgyne's hands. This is the master of cycles.

Bull: represents agriculture, which is dependent upon the seasonal cycles.

List all the lunar numbers and simplify them:

0 – 1 – 2 – 3 – 4 – 5 – 7 – 8 – 10 – 12 – 13 – 17 – 18 – 21 = 121

121= Wisdom of cycles

Key 1: Intention (1) *to be Intentional* in handling a return cycle in a new way

Key 2: trust the cycle of manifestation as it goes into the subconscious (2)

Key 1: begin a new response pattern from the intentional being (instead of reactive).

When we react in the same old way, we re-create the same old cycles.

1+2+1= 4

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Key 4: to master cycles of beginning – maintaining – ending – beginning: being intentional about being intentional (instead of reactive), trusting the subconscious, established as a stable, practical, orderly and reasonable (aligned with the reason / purpose / logos) pattern.

Final Mediation

View Keys 10, 1 and 0 in the form of a triangle, with Key 10 at the apex, Key 1 below the left-hand angle and Key 0 below the right-hand angle

View Keys 10, 1 and 0

- feel your willingness (1) to let go of all attachments(0) , to dwell peacefully in the center (10) of your being, come what may.
- Feel your willingness to remain absolutely centered and balanced WITHIN during life's apparent ups and downs
- Feel your willingness to live in a balanced, harmonious, rhythmic way all day, every day in measured action-rest and action-alternation cycles.
- Feel your intention to maintain your centered, harmonious balance in all of life's beginnings, middles and endings
- Reflect on how you handled a beginning, middle or ending in your past.
 - How could you have better handled it?
- Feel your intention to be set free of old reaction patterns that caused your life to return to previous problems or challenges.
- The Fool represents the state of being set free of old, familiar reactions that re-set old problems back into motion.
 - Feel yourself in the image of The Fool, free of past reaction patterns.

The Temple Meditation On Mastering Cycles: Freedom From Old Reaction Patterns

Become aware of the reaction patterns of the past that you want to be free of. If you do not have any in mind, go through the following Temple Meditation with a general feeling of placing such patterns in the four elements.