

Understanding Psychic Development 6

The ultimate purpose of psychic development is the birth-of-christ process.

The Culmination: The Birth-Of-Christ Process

- The manger is the family you were raised in.
- The animals are the personal identity or psychic ensemble you identified with.
- The guiding star is your inner awakening to the higher calling you
- The 3 wise men are thoughts, feelings, actions
 - The gifts they bring are the power to think, feel and do given to the budding christ-child, the incarnation of your true self

Psychic alchemy

- Is the refining of your psyche for receptivity to higher influences
 - Keep your inner state stable and pure
- All negativity drains energy, making everything harder to do, including feeling good and manifesting at your highest level

Psychic magic:

- Using the power of suggestion for liberation and empowerment
 - You are the meaning-giver
 - Infinity cologne
 - Watch where you place your scissors
 - Direct attention to what you want to bring into your life
 - Spend time in environments representing what you want to manifest
 - Watch the conversation you take IN (speak up / listen up)

Master Psychic Attunement

- You tune into the thoughts and feelings you RECEIVE and RADIATE

Turn challenge into opportunity:

- Welcome your challenges to mastery: in control of your creative forces, remaining stable and pure

Psychic Alchemy and Magic Exercises For The Birth-Of-Christ Process

- I absolutely adore who I am.

Practice

- I am totally enchanted with every aspect of my life.

Practice

- I feel grateful appreciation for the richness of opportunity that each event brings.

Practice

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- I consistently feel the infinite LOVE the universe showers upon me at all times.

Practice

- I totally trust that everything the universe brings me is a gift of love and support.

Practice

- I rejoice in all of the events of my life, exactly as they are and have been.

Practice

- I appreciate the infinite abundance bestowed upon me by the universe, and I joyfully accept all the riches inherent in the now.

Practice

- I am in absolute trust that I am unconditionally loved and perfectly supported by the universe and all in it at all times.

Practice

- I accept the infinite love and support of the universe, and I express both fully and freely toward all I see and interact with.

Practice

- I am utterly grateful for all the gifts of love and support I am given!

Practice

- I feel deep appreciation for who and what I truly am.

Practice

- I rejoice in my expanding awareness of my God Self, and in the love and support I receive for this expansion.

Practice

- I live in the high joy vibration.

Practice

- I release any perception that would cloud my view of the Divine in all things.

Practice

- I release any judgment of myself, of anyone else, and of any condition; as I trust that whatever is, is perfect.

Practice

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- I release any and all fear, doubt, and anger and the illusions that would separate me from experiencing the infinite Love of the Divine.

Practice

- I open my awareness to, as well as accept and acknowledge, the perfection of each moment of my experience.

Practice

- I trust that I am in perfect alignment with my true purpose, and that I always have been.

Practice

- I experience and express unconditional love in everything I do.

Practice

- I choose peace and joy in all situations.

Practice

- I allow the Divine to express in me, through me and as me.

Practice

- I joyfully use money to express my appreciation.

Practice

- I withdraw the power I have given to money and accept the limitless power that is mine.

Practice

- I release the belief in the power of money, and accept the infinite and ever-present availability and supply of unlimited abundance.

Practice

- I live in the joyful feeling of being in the flow of unlimited abundance

Practice

- I trust that I experience huge amounts of money in my life when money is no longer a condition for feeling peace, love, safety, success, abundance, freedom and self-worth.

Practice

- I release any blockage or resistance within me to the free flow of the unlimited Love, Power and Wisdom of the Divine.

Practice

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- I am a channel through which the unlimited Love, Power and Wisdom of the Divine freely flows.

Practice

- I totally and unconditionally love myself at all times and under all circumstances.

Practice

- I know that as I live in the high joy vibration of feeling love for myself, the power of that enlightens the consciousness of whomever and wherever my radiant love-energy reaches.

Practice

- Any time I feel the wish to change anyone or anything, I relax and allow myself to experience the presence and power of my perfect peace.

Practice

- Any time I notice myself justifying anything to myself or to another, I stop and focus on the experience of perfect peace and harmony within.

Practice

- I trust that I am the whole universe, that all that is seen and unseen by me *is* ME.

Practice

- When I say “thank you” I give myself a moment to actually *feel* my gratitude and appreciation *toward myself*, knowing that all I see is me.

Practice

- I feel, at my deepest level, the total freedom and power of being who I am.

Practice

- I feel myself in total harmony with the perfect flow of the universe.

Practice

- I entirely trust and rely on the harmonious perfection of the universe to support me in every way, in every moment of my experience.

Practice

- I deeply know that the harmonious perfection of the universe is the sole operating force in my life and in the world.

Practice

- I willingly and gratefully embrace the opportunity to master whatever challenges show up in my life.

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Practice

- I see, trust and accept that the events of my life have no real meaning other than to give me the opportunity to experience and express my mastery.

Practice

- I have lost all interest in the petty emotional dramas – and they are all petty – surrounding my life's events and circumstances.

Practice

- I accept and appreciate all of my relationships as perfect, just the way they are, as I look for the opportunity to develop mastery within them.

Practice

- I relate to the Divine, my Ultimate Source, the One Power in control, as perfectly Loving, perfectly Supportive and perfectly Intelligent *at all times*.

Practice

- I can see that nothing really changes; something entirely new happens every instant, and it is always perfect just the way that it is.

Practice

- I trust that I chose every person who shows up in my life to help me know and express my own loving perfection.

Practice

- Rather than looking for a non-judgmental, all-powerful, all-knowing, all-loving and all-accepting person *outside of me*, I accept that self as the *real me*.

Practice

- I dissolve any negative judgment I feel toward any person or event by feeling loving appreciation for their perfection just the way they are.

Practice

- I trust and accept that every event in my experience is a mirror of my own consciousness.

Practice

- I trust that who I truly am is the Power and Presence of God, right here where I am.

Practice

- I live in an orderly state and function in an orderly way in all situations.

Practice

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NOTES

Psychic Alchemy:

- Purifying the psyche and raising its vibration
- Rendering the personality a vehicle for the Higher Self
- Then comes “The Virgin Birth”

Recognize the force within that wants to hold you back from growth.

- It masquerades as your protector.
- It is the drive to have things being different (easier) than they are.

The Evolutionary Process

- For physical bodies to survive consciousness had to be focused on the vibratory frequencies of the material world.
- This formed the 3-dimensional appearances we see in our minds.
- Now it is time to expand consciousness into the infinite, while meeting the demands of earthly existence.

For psychic protection and development:

- Follow a path of order in all things (not chaos)
- For this you must move slowly enough to *feel* the order you are creating.
- Order banishes dark forces.

Understand group fields and their influence

- Tune in to know what you are receiving
- Notice how you form and break raptors with lower vibrating individuals and groups.
- Follow your sense of higher vibration (more life) to receive higher levels of guidance and support, to manifest more harmonious life-conditions, and to provide higher support to others and to world situations.
- LIVE IN THE NORTH HALF

Reverse your aversion to challenging situations

- to welcome them with inspiration to develop the mastery you need to make them easy, pleasant and purposeful.

The Path of Psychic Mastery

- Maintain your peace and poise
- Pay attention to see what is happening; assess the facts
- Follow your intuitive feeling of what is right to do.

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As you unlimit your gratitude, you unlimit your abundance.

- The more you appreciate what you have, what has happened, whatever is happening and whatever happens next, the more valuable those experiences become: this is your key to living a richer life.
- You unlimit your gratitude by focusing on what you can feel grateful for whenever you want anything else.

We can define psychic mastery as living in joy

- As you awaken to the beautiful way life works in joy you make it easier for EVERYONE to wake up from the dream of suffering they sleep-walk and sleep-talk in, as those who awakened before you opened a quicker and easier way for your awakening.
- As you stably vibrate at a higher level, magic percolates in your electromagnetic field
 - People pick up on that consciously or subconsciously and those who want to grow feel drawn to you
 - This is “inner world marketing”

Psychic Mastery means staying tuned in

- Watch your feeling and thinking, to stay tuned to your true inner guidance
 - When you think about how someone else might think of what you are doing, you are NOT focusing on the inner guidance you are receiving from your true self.
 - You pick up the vibrations, tuning and karma of anyone you think of.
 - *Use your psychic ability to read people and places to make better choices and to function well with them.*
 - All of the heartache, heartbreak and pain you go through is NOTHING compared to the experience of the birth of your original, higher (christ)self.
 - Live in the higher psyche by taking NOTHING personally
 - By getting attached to nothing
 - By living in love, peace and harmony UNCONDITIONALLY or in EVERY condition.

Use our psychic ability to recognize your resonance

- Don't resonate like a victim, like something is going wrong.
- You manifest circumstances consistent with your resonance.

The Psyche Is Like A Sponge

- You fill your consciousness or your environment will fill it

Don't identify with your personality, master it.

- After the physical you keep your present identity; you still identify with it.
- This “self” gradually disintegrates, as the physical body does.
- Then you identify with the True immortal SELF you REALLY are
- Then you reincarnate and take on the identity formed by your household.

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- You live out that identity, suffering through its ways of misaligning with the universe.
- At some point the incarnated soul begins to awaken to the urge to know and to be as it truly IS.
- Then your spiritual path begins.
- The progress you make along this path of awakening and True Identification is what you take with you.

- Develop command of your personality and turn it over to your True Self.

- Remain in an un-troubled inner state or your psychic registry will lead you astray. There can be no clear, higher seeing and knowing from a state of mental and emotional turmoil.

- Only in a state of untroubled equanimity can one effectively tune into the higher levels.

- Merge with the Divine Presence through your feelings. This dissolves all problems and difficulties.

- Your psychic (3rd) eye opens, expands and develops through your exercise of the power of perception. Be a LOOK. Be a seer. Pay attention. Open your senses. Be here, now, fully.

“Let it die instead of agonizing over it and struggling unnecessarily over the years – Let that personality and ego die, surrender it, give it up. There will eventuate then, in the consciousness, that Noetic Self, That differentiated field... and then the Man stands forth as the new-born Christos.” Vitvan