

Tarot Meditations Session 6: The Alchemical Spread

Intro: We as a species are evolving from the physical unconscious being (3rd dimension) to the energy conscious being (4th dimension). Tarot represents how to make this transition, starting with Key 0, The Fool, departing from a material basis, ending at Key 21, The World (of energy, symbolized by the spirals).

Opening Quotes:

"Slow, clear, calm and conscious should be your procedure in all things." Isidore Friedman

"An energy being navigates the energy world by consciously choosing that which enhances, improves, uplifts, rejuvenates and energizes." Dr. Greg Nielsen

"It should be born in mind that only as the lower nature is controlled can the higher manifest." Vitvan

"Thus, by dying to the old personality, you have already had glimpses of your true place in the scheme of things – and that true place is in very truth... 'heaven'... where sorrow is at an end, where perfect adjustment is the unvarying rule." Paul Case

"Forgiveness is the willingness to open the energy locked up on our judgments." Arnold Patent.

"In the light of The Hermit's lantern we 'see' our true path in heavenly light." Be El

Opening Meditation: The Path To Mastership

View Keys:

- 1 and 7: Following your deepest intention (1) turns the personality into its instrument (7)
- 8 and 14: taming the lower forces through right suggestion (8) tested out in daily living (14) transmutes the personality
- 15 and 21: Liberation from the illusion of bondage and false dependency (15) brings about realization of the Master Self.
 - Feel your feelings
 - Feel the power in your feelings
 - Feel that power as infinite
 - Feel that infinite power as yours
 - Feel the power of your deepest intention
 - Feel that power aligning your energies with its fulfillment
 - Feel your commitment to maintaining your calm perceptiveness in the midst of tests and challenges of daily living
 - Feel free of any idea or sense of bondage or dependency.
 - Feel your acceptance of your master-self, of yourself as a master of the powers of creation
 - Feel the joy of that state of mastery

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- Allow that joy to turn into a feeling of joyful gratitude and humility that expands to fill the infinite universe.

0= the life-breath, the spirit that runs through the alchemical process

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21

1- Connecting with your true, deepest intention
8- Sublimates the lower, bestial forces
15- Release us from the false belief in bondage and outer dependence

2- The subconscious substance of formation / cosmic memory
9- Connects with the light descending from above revealing your true path
16- Releases from the false ruler of personal egotism (I don't care how it works, I want to do it *my way*)

3- Harmonious mental imagery
10- Without attachment
17- Reveals the star of our True Destiny

4- As we establish order in our life (making appointments on time, being reliable, not over-booking, functioning in an orderly way, in an orderly state, gravitating to orderly environments and people)
11- We make choices based on right measure, balance and an accurate sense of justice
18- Transmuting our physiological organism into an instrument of the aligned personality

5- Listening to the inner voice of principle
12- We can then rely upon the principles, laws, structure-function-order of the cosmic process
19- Which advances our regeneration (Alchemical Golden Self)

6- Uniting the conscious, subconscious and superconscious minds
13- Frees us from identification with the programming (values, habitual emotional reactions, unconscious actions and thoughts, etc) of the personality (false self)
20- Awakens us to the eternal, infinite, heavenly nature of reality

7- Individualization (not run by the herd mind or automatic, unconscious influences of the masses)
14- Applied and tested out in the challenges of daily living
21- Brings us into the world of The Master Self

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Closing Meditation: Victory Meditation

7 across, 7 down: Victory of the self = Victory of the universe

$7+7=14$ = the alchemical process of life-experiences

$7 \times 7 = 49 = 13 = 4$ = the orderer – the more order, the more mastery

4 = mastery of the earth-plane

Meditation on Victory

View Key 7: The Chariot

- Feel your feelings
- Open to the feeling of a totally victorious life
- Notice any feelings of doubt, disappointment or pessimism that either blocks your sense of a truly, totally victorious life, or causes you to doubt it can happen
- Feel yourself placing those feelings into a fire
- Feel the fire burning them away
- Imagine yourself diving into a pool of water
- Feel the water cooling you down
- Feel the water forming into a victorious vision of your life
- Feel the feelings of victory's inspiration and joy
- Feel those feelings expanding into the infinite
- Feel deep gratitude for the reality of the inevitable fulfillment of your heart's deepest desires.