

## Tarot Meditations For Cosmic Consciousness And A Life That Works Perfectly Session 1: Tarot Wisdom Keys To Abundance

*Opening Quote: "The universe is successful." Paul Foster Case*

*Tonight's Session: the absolute, guaranteed formula for joyful abundance* as we journey through ALL 22 cards of the B.O.T.A. Tarot in one session. Will start out by leaving the restriction-filled world of The Fool (conveyed by card 0) and end up in the world of absolute freedom, the world of the Master Self (conveyed by card 21, the last card of the deck).

The purpose of the universe is to give birth to your enlightened, liberated Divine Self, also known as Spiritual Mastery. A master in this sense is one who has mastered their creative powers, for creating order, beauty, abundance and heavenly harmony on earth.

Each Tarot Image represents a phase or aspect of development of this mastery. As you align with this purpose and use every situation as an opportunity to advance your mastery, you receive the abundant support of the universe, meaning that expanding abundance of all of life's blessings becomes a joyful, natural occurrence in your life. Departing from this process, trying to control outer events, circumstances and people to *make* you abundant or successful, brings increasing difficulty, suffering and loss, even if you do achieve the economic results you were after.

In this session we will see how each tarot image not only represents a higher state of conscious evolution, or an aspect of mastery that naturally brings increasing abundance into your life – it actually guides the subconscious in producing that aspect of mastery in or out of you.

**Opening Meditation:** Doing a clearing to allow more creative light to enter:

*Doing The Method on the feelings that arise as you view the 4 liberation cards:*

*Keys 12, 13, 15, 16*

### **Tarot Keys To Abundance**

- 0 **The Fool:** Your nature is infinite. All limiting concepts of self, the universe and your possibilities feel like incarceration.
1. **The Magician:** Intention to bring The Infinite into physical manifestation
2. **The High Priestess:** (the subconscious) receives the intention and conveys it to the creative imagination of nature
3. **The Empress:** Produces the mental imagery of manifestation
4. **The Emperor:** Brings that imagery into physical manifestation
5. **The Hierophant:** Guided by the inner voice of principle
6. **The Lovers:** Attune to and follow your True Disposition
7. **The Chariot** (the psychic vehicle): Victory over your psychic/personal (physical and psychological) forces or vehicles – to hold them in abeyance
8. **Strength:** Transform bestial forces into higher faculties through suggestion
9. **The Hermit:** Union – Identification – With your True Self
10. **The Wheel Of Fortune:** Unattached to the ups and downs of fortune's cycles, to awaken the power to direct that wheel through the four powers of magic

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11. **Justice:** Recognizing the spiritual justice at work in the universe and being guided by our sense of it
12. **The Hanged Man:** Surrendering to the mastery of the universe
13. **Death:** Trusting change and open to the infinite possibilities of eternal life
14. **Temperance:** Gaining strength through the practice of wisdom in challenge
15. **The Devil:** Seeing through the illusion of all forms of bondage
16. **The Tower:** Not bothering with false protection of the status quo
17. **The Star:** The Practice of Meditation to find your true way
18. **The Moon:** Following the endless path of infinite evolution
19. **The Sun:** Embodying the innocence of your True Self
20. **Judgement:** Acknowledging the spiritual world in which you live
21. **The World:** Mastery: living as the Cosmic Dancer

### Closing Meditation (Viewing Tarot Keys 0 and 21):

#### **The Expanded Feeling Exercise**

Feel your feelings (mood, emotion, desire)

Feel love for how you feel

Feel how you feel as love

Feel love for yourself

Feel yourself AS love

Feel your sense of touch

Feel love for what you feel through touch

Feel what you touch AS love

Notice what you see

Feel love for what you see

See what you see AS love

Notice what you hear

Feel love for what you hear

Hear what you hear AS love

Notice the scent you smell

Feel love for the scent you smell

Feel what you smell as love

Notice the taste in your mouth

Feel love for what you taste

Feel what you taste AS love

Feel love for the universe

Feel the universe as love

Feel your oneness with the universe

Feel love for your oneness

Feel your oneness with the universe AS Infinite Love

Feel your oneness as Infinite Joy