

Tarot Meditations Session 4: Mastering Cycles, Part 2

Returning To Mastering Cycles – part 2

Opening Quotes:

*“Anyone judging ONLY from their likes and dislikes becomes a totally unbalanced person.”
Isidore Friedman*

*“Any room and all that is in it is literally saturated with the kind of thought most put out and talked in that room. You are placed, so to speak, in a bath of such thought when you enter it.”
Prentice Mulford*

*“Remember ALWAYS that everything you feel, think, say and do radiates an electro-magnetic forcefield that influences the people and circumstances of your life to form a similar pattern.”
Be El*

Opening Meditation

The Method: On Cycles

Every event, activity, project, situation, relationship, etc. demonstrates the pattern of a cycle, with a beginning, middle and end.

Look back over your life. Which phase(s) of cycles have you found most challenging?

Bring up the feelings of that difficulty and follow the steps of The Method to release it.

Key 11: transcends cycles by representing the ever-present, permanent rule of justice over the universe.

Key 12: The crescent moons
(when things turn upside down) -
The cyclic return to a sense of powerlessness.
Surrender to the perfection of the universe.

Key 13: Turning endings into beginnings
Relate to change as a CONSTANT
The scythe represents the cutting of attachments / reaping of what you have set into motion
(how you live determines how you “die”
The sunrise/sunset points to the meeting of the cycles of beginning and ending

Key 14: transcends cycles because it represents the constant alchemical process the universe is putting us through (solar symbols = ever-presence) – also, every cycle and every phase of every cycle is a test of our strength

Key 15 transcends cycles because it represents the ever-present truth that you are absolutely free, and the belief in bondage bestializes and is based on illusion.

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Key 16 transcends cycles as the lightning of truth is ever-present, knocking off the crown of egotism, self-centeredness, the sense of separateness, the status quo and its protections.

Key 17: The cyclic pattern of the need for meditation for clarification

Cycles are represented by the ripples (waves) SHE IS CREATING in the water – the water represents the basic creative substance (electro-magnetic field) that forms all forms, and she directs its cycles with meditation

Key 18: The Moon: The cyclic pattern of facing the arising of unregenerated drives and patterns
The moon goes through cycles, and represents the moody, cyclic nature of the unregenerated personality - which functions by reflection, like the moon. The winding path represents the ongoing cycles leading to the infinitely distant mountain top of illumination and liberation.

Key 19: transcends cycles because it represents the joy of living as the liberated true, eternal self

Key 20: Transcends cycles because it represents the ever-present call of the higher, inner spiritual world.

Key 21: Attaining mastery of beginnings, middles and endings.

Turning circles into spirals

Bull: represents agriculture, which is dependent upon the seasonal cycles.

From Previous Session:

List all the lunar numbers and simplify them:

$0 - 1 - 2 - 3 - 4 - 5 - 7 - 8 - 10 - 12 - 13 - 17 - 18 - 21 = 121$

1 (beginning of cycle) 21 (end of cycle): the whole purpose of tarot is to support us in fulfilling the development of our mastery of beginnings (what and how to set things into motion), middles (how to maintain and sustain past habitual patterns), and endings (how to accept losses and turn them into new beginnings).

121= Wisdom of cycles

Key 1: Intention (1) to be *Intentional* in handling a return cycle in a new way

Key 2: trust the cycle of manifestation as it goes into the subconscious (2)

Key 1: begin a new response pattern from the intentional being (instead of reactive).

When we react in the same old way, we re-create the same old cycles.

$1 - 2 - 1 = 1 - 21$ (Intention to master)

$1+2+1= 4$

Key 4: to master cycles of beginning – maintaining – ending – beginning: being intentional about being intentional (instead of reactive), trusting the subconscious, established as a stable, practical, orderly and reasonable (aligned with the reason / purpose / logos) pattern.

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Meditation on permanence – the Solar Keys

Key 4: Practice functioning in an orderly way, feeling in an orderly harmonious state, reasoning by energy coordinates

Key 6: Attune to your true disposition following energy coordinates

Key 9: Be receptive to the guiding light leading you up the spiritual path

Key 11: measure what you do with your power to preserve balance and honor rightful boundaries

Key 14: Employ the wisdom of Tarot to see how it works

Key 19: Live in the purely joyful state

Key 20: Awaken to the way that invisible (spiritual) forces work in your life

Closing Meditation:

Feeling Of Joy Exercise

- View Tarot Key 19: it represents the joy of being YOU
- View Tarot Keys 1 and 9: they convey the intention to follow the light on your upward path
- View Key 10 = 1 + 9: it represents freedom from attachment or reacting to life's inevitable ups and downs, coming and goings – the power to enjoy the permanent state of freedom to create what you want.
- view keys 19, 1, 9 and 10 in a square noticing how you feel

Open your heart to feel the feelings the image elicits

Close your eyes

Feel your feelings

Feel the enjoyment of feeling your feelings

Feel how you feel *as* joy

Feel the joy of being yourself

Feel yourself AS joy

Feel your joy radiating and expanding infinitely

Feel the whole universe as one infinite joy-song

Open your eyes and view keys 19, 1, 9 and 10 in a square noticing how you feel