

## Lesson 15: Tarot Meditations For Freedom From Lack, Living In Heavenly Grace

### Introduction:

Tired of all the chaos, conflict, struggle, wild emotional states and reactions, strife, stress and lack? In this life-changing class we will practice Tarot Meditations for living in Heavenly Grace, supported CONSCIOUSLY by what we can call loving, heavenly, divine and angelic forces for a life that flows perfectly in joy, harmony, abundance and natural ease every moment. Watch your circumstances rise to higher levels of harmony, order, beauty and freedom as you find and follow your true path of happiness. Life does not have to be a hard experience that gets more difficult and challenging over time. Learn how to release yourself from the hum-drum life for a life of true joy, purpose and wonderful dreams coming true in a magical and miraculous way. Live the life you have always dreamed and hoped was possible.

Make living in joy NOW priority #1

Quotes:

*“Whichever response we choose – and many of us alternate between trying to please and acting out – we all feel the pain of our unloving self-judgments.” Arnold Patent*

*“If you are judging another, that person is reflecting a part of yourself with which you are critical.” Arnold Patent*

*“Even death must no longer be looked upon as an evidence of the unfriendliness of nature.” Paul Foster Case*

*When you handle things in a graceful way, whatever you cannot handle gracefully will be handled perfectly for you by grace. Be El*

*We are here to convey the perfect pattern of the Macrocosm (as perceived through Cosmic Consciousness) into the formation of the macrocosm, the 3-dimensional universe in which we live. Be El*

### **Opening, Clearing Meditation: Using The Method, Empowered By Tarot, for release from “Lack”**

Opening Meditation: The Method For Lack

Key 17 - Feel your feelings

15 – Open your feelings to feel any sense of lack, scarcity or insufficiency in any area of your life and feel those feelings fully and freely for 30 seconds

6 - Feel love for yourself

0 - Feel a space opening up deep within, expanding into infinity;

Feel Divine Energy filling that space;

Feel Divine Energy filling the universe;

19 - Feel yourself as absolutely sacred, precious, invaluable

1 - Recall your gifts and talents, or think of those you most want to have

21 - Feel yourself at a superstar level in your demonstration or expression of those gifts and talents.

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9 - Feel unconditional love and blessings flowing from your heart into the heart of everyone, everywhere

3 - Feel yourself in the flow of unlimited abundance (in all areas of life)

12 - Feel yourself surrendering to the Divine, turning everything over to the universe

### Entering Grace / Ending Lack via The Kabbalah Tree of Life and Tarot

The Kabbalah Tree of Life portrays the structure, function and order of the Perfect Divine Plan for creation. We resonate with this pattern by:

- opening our hearts to feel its perfection
- trusting in its perfection of rule
- accessing the 10 Powers of the Tree in daily living
  - Sphere 1: connect with higher will
  - Sphere 2: pause to connect with wisdom before responding
  - Sphere 3: pause to receive understanding as a guiding light
  - Sphere 4: be measured in mercifulness, compassion, lenience, and trust in the infinite abundance of cosmic / divine support
  - Sphere 5: be measured in establishing boundaries, enforcing rules, being unyielding
  - Sphere 6: live in a harmonious, balanced, beautiful state and way
  - Sphere 7: consider and trust in your ultimate victory
  - Sphere 8: live in the light of Divine Perfection
  - Sphere 9: be steadfast, enduring, stable, reliable and trust in the universe's support ALWAYS
  - Sphere 10: Bring the higher realms (Spheres 1 – 9) into the physical world through your daily living

### As we do this:

- we bring the harmony of the upper worlds into the lower world of the physical plane.
- Our lives appear to work more and more perfectly, more and more effortlessly.
- We fulfill the essential purpose of the human being: to unite or integrate heaven (the higher ordering forces of the celestial planes) with the earth-plane (the natural world).

### Abundance And Grace On The Tree Of Life and Tarot

- Sphere 4 on the Tree represents the eternal, infinite outpouring of abundance and grace without any limits, that is at all times streaming into your life from the Infinite Loving Kindness of the Divine.
- The the 4th Sphere is named Chesed in Hebrew, meaning “Mercy” in English
  - Hebrew Spelling: (chet – Key 7 - samech – Key 14 – dalled) Key 3), translated as Mercy in English.
    - This means, there is no limit to your resources and you receive the support you need to live a harmonious, heavenly life on earth.
      - To experience abundance as YOUR reality, drop belief in lack as having any reality – *don't give it a thought!*

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### Living In Chessed – Abundance and Grace - Through Tarot:

- **(Chet) The Chariot:** Reject influences that would cause you to lose touch with the truth of abundance and grace.
- **(Samech) Temperance:** apply this consistently, in daily living experience to be alchemically raised into living with this internal support
- **(Dall-ed) The Empress:** From there, enter the field of Infinite Possibility in your imagination, envisioning life in abundance and grace and applying the shield to reject imaging of less

### 10 Kabbalah / Tarot Keys For Leaving “Lack” and Living In Abundance and Grace

- Contemplate the (macrocosmic) pattern of the Tree of Life ruling Creation (microcosm) *PERFECTLY*

**Maintain balance**, as represented by the 3 Pillars

**Key 1 / Sphere 1:** Open to receiving Divine Will

**Key 2 / Sphere 2:** Open to receiving Divine Wisdom as your guide

**Key 3 / Sphere 3:** Open your imagination to receive Divine Understanding

**Key 4 / Sphere 4:** Feel yourself in the flow of infinite abundance and miraculous support

**Key 5 / Sphere 5:** Feel your openness to receive inner guidance as to the boundaries you set and the rigor you apply

**Key 6 / Sphere 6:** Maintain harmonious balance and follow the way that FEELS truly harmonious and balanced for you

**Key 7 / Sphere 7:** Trust in the victorious outcome of every situation, protect yourself from being influenced out of this by the herd mind.

**Key 8 / Sphere 8:** Contemplate the perfection of the universe, the Divine Structure that rules, and of your Perfect Life

**Key 9 / Sphere 9:** Rely on the inner light that guides you to higher ground

**Key 10 / Sphere 10:** Practicing the above in the kingdom of daily experience brings the Heavenly Field of abundance and grace to life in the world.

### The Wisdom Of Grace For World Peace, Harmony and Justice:

- BE peace – function gracefully: this radiates grace into the world.
- End ways that bring turmoil and conflict in your life
- Trust that it is all working PERFECTLY
- Feel compassion for suffering and celebrate the innate power to overcome it

### More Tarot Meditations for entering a life of heavenly grace

- A life of heavenly grace is one in which you maintain your inner graceful state and everything

The 4 wisdoms for entering a life of heavenly grace:

1. How am I feeling / How do I want to feel (17)
2. Be selective as to what mental image you hold in mind (3 and 4)
3. In the face of each event, ask yourself: how is this supporting me? (14)
4. Enter every now as new (0 and 1)

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**Final Meditation:** Enter a life of heavenly grace with Tarot

Aleph - Key 0: Be open and trusting in your relationship with God / the universe

Bet - Key 1: surrender personal will to higher will – constantly

Gimmel - Key 2: render the waters of your mind receptive to higher wisdom's fashioning

Dalled - Key 3: keep your imagination free of the negative and open it to infinite possibility

Heh - Key 4: Do / think / feel / speak in an orderly (cosmic) way and contemplate the natural order

Vuv - Key 5: listen to the inner voice for higher guidance

Zain - Key 6: FEEL and follow the path of your TRUE disposition

Chet - Key 7: Remain free of external influences, moods, sensual attachments for your True Self to steer your way

Teth - Key 8: Transmute hellish beast-forces with heavenly suggestion

Yod - Key 9: Open consciousness to the guiding light of your Higher Way

Kaph - Key 10: Let go of ALL attachments to life's ups and downs

Lammed - Key 11: Trust in perfect, loving justice ruling the universe and all that happens

Mem - Key 12: Surrender to the flow of the universe

Nun - Key 13: Accept the death of the old false self as ruler of you

Samech - Key 14: Trust in the alchemy of life's processes and challenges

Ayin - Key 15: Don't try to dominate, manipulate or control others with deception or fear and free yourself from belief in your fearful dependence

Pheh - Key 16: Trust in the safety and support of your vulnerability, remember the energy nature of the physical world

Tzadi - Key 17: meditate to cleanse the vessels of consciousness and subconsciousness

Qoph - Key 18: Feel your openness to embrace and transmute the lowest aspects of yourself

Resh - Key 19: Feel yourself as a child of the Divine, free of the limitations of personality programming

Shinn - Key 20: Feel utter gratitude, reverence and delight in the way things truly are

Tav - Key 21: Accept yourself as the Divine Master you already are

Living in a state of heavenly grace, manifests a life of heavenly grace