## **Quotes:**

"To grow and serve, Create and Be –
From Infinity's ocean To drink, joy-free
To live, and love And see and sow –
Thus, Eternity's Bliss To Eternally know." Isidore Friedman

"The scroll of the High Priestess symbolizes ... Cosmic Memory, to which we all have access."
Paul Foster Case

"In order for our lives to feel peaceful and safe, we must first make peace with God." Arnold Patent

"The Power we call the cosmic process doesn't have any consideration whether you elect to join its stream or not – that is the free moral agency given to human beings." Vitvan

## Opening, Clearing Meditation using The Method with Tarot

- Key 17 Feel your feelings
- 15 Open your feelings to feel any pessimism, disappointment, fear or resistance to the changing nature of your life; feel those feelings fully and freely for 30 seconds
- 6 Feel love for yourself
- 0 Feel a space opening up deep within, expanding into infinity;
- Feel Divine Energy filling that space;
- Feel Divine Energy filling the universe;
- 19 Feel yourself, everyone else, and the universe as a whole as absolutely sacred, precious, invaluable
- 1 Recall your gifts and talents, or think of those you most want to have
- 21 Feel yourself at a superstar level in your demonstration or expression of those gifts and talents.
- 9 Feel unconditional love and gratitude flowing from your heart into the heart of everyone, everywhere
- 3 Feel yourself in the flow of unlimited abundance (in all areas of life)
- 12 Feel yourself surrendering to the Divine, turning everything over to the Perfection of the universe

## Sex (Tarot Key 8), Death (Tarot key 13), Cosmic Consciousness and Mastery (Tarot Key 21) 13 + 8 = 21

- <u>Cosmic Consciousness:</u> Direct Perception (seeing-feeling-knowing) of the Perfection of the Cosmic Process and its Oneness (see course: Living The Universal Principles For Having It All).
- This Perception awakens AFTER death, when the soul rises into a higher state of less density: passing through death (Key 13)

- This does not have to be medical physical death, but it does change the body in an essential way, including sublimation of the sex drive (Key 8)
- It comes following "the death of the ego", after all hope is lost regarding permanent, reliable gratification on the material plane and *proving* oneself
  - (this can follow the devastating "loss" of a loved one", a profound sense of utter life-failure, etc.)
  - Death frees one from the tyranny of the sexual drive
  - Sublimates or raises the sexual drive into the higher, altruistic urge to create order and beauty.
    - That higher level of energy is called awakened Kundalini or Christos Energy, bringing great power and revelation with it
    - <u>IMPORTANT NOTE:</u> DO NOT TRY TO RUSH THIS PROCESS BY REPRESSING YOUR SEXUAL DRIVE.
      - Sublimation comes **naturally** AFTER death.
        - In the meantime, do your best to integrate love and awareness into your sexual experiences.
    - IMPORTANT NOTE: If Kundalini Christos Energy is released prematurely (due to an imbalance or manipulative practice) it leads to a psychotic break from reality
      - Because one is still centered in the false ego, consciously or unconsciously, and the delusions upon which egotism is based.
      - In other words, one is already lost in the illusion / delusion of thought; unable to distinguish between words, imagination and direct observation.
      - The increased energy of the aroused Kundalini intensifies all unbalances and confusion in the psyche – this is why purification comes first.
        - An early sign of premature Kundalini arising:
          - a confused mental state,
          - inability to communicate clearly, factually, precisely
            - confuses orders of abstraction:
              - The word is not the thing –
              - The inference is not the description,
              - o etc.
      - This is why responsible wisdom sessions place so much emphasis on verbal accuracy: to prepare the mind for higher awakening.

#### Tarot Key 8:

- the pure white female represents the purified psyche: purified of egotism and its delusions.
- The lion is the sex-drive
- Through psychic purification the energy rises naturally and one becomes a Conscious Peaceful Dweller in Eternity
- The sex-drive is softened into the urge for creative altruistic service

- the sex-drive transmutes into the creative urge to create cosmically (not just materialistically)
- higher spiritual faculties and abilities naturally awaken.
  - This includes spiritual orgasm: experiencing the heavenly nature of your existence
  - You experience higher spiritual agencies working on your behalf
  - Your energy-field becomes so sensitive that you can have "sexual intercourse" through harmonious *energy* mingling.

## Tarot Meditations on Universal Principles For Cosmic Consciousness and a life that works perfectly:

Key 2: (Cosmic Memory) Here is what you remember about the universe and how life works:

Key 12: Surrender to the universe.

Key 16: Let go of the sense of separateness and drop all need for protection from reality.

Key 11: Trust that all always resolves in perfect balance, beautiful justice, absolute equanimity.

Key 13: Relate to the universe as a constantly changing dynamic energy PROCESS

<u>Key 14:</u> The universe "alchemizes" – every experience furthers the transmutation of your personality into a perfect vehicle for the Christ or Divine Self

Key 4: All resolves into perfect order. Let the universe solve your problems.

Key 10: Recognize the cyclic order of all occurrences: beginning-middle-ending-repeat...

Key 9: The inner light is always shining upon your path to the heights.

Key 21: Infinite Mastery is in charge of the universe and your life.

Key 1: Feel your intention to align with and follow the way of The Cosmic Process

## Aligning with the Cosmic Process through the Kabbalah Tree of Life

Relate to everything that happens as perfect support for your Infinite and Eternal Mastery of the Divine Powers represented on the Kabbalah Tree of Life:

- Sphere 1: Find your true intention in your situation
- Sphere 2: Pause before reacting to consult higher wisdom as your guide
- Sphere 3: Pause to clarify your presumptions and the actual facts of your situation
- Sphere 4: Practice loving-kindness, live in abundance consciousness, trust in the Infinite Mercy of the Divine
- Sphere 5: Practice Right Measure in all you say, think, feel and do; exercise necessary boundaries.
- Sphere 6: Live in harmonious balance under all circumstances; follow your sense of beauty; trust in the beautiful resolution of all opposing forces.
- Sphere 7: Trust that your heart's desires mold the shape of your destiny and follow your feelings leading you into victory
- Sphere 8: Clear yourself of concepts and judgments that contradict the Perfection of the universe and each moment
- Sphere 9: Be in this for the long haul, as old habits have a way of sneaking back in over time
- Sphere 10: Live in the inner reality that you want the outer reality to reflect.

## Higher Intelligence, For A Life That Works Perfectly

Accessing One of the Hebrew words for "Intelligence" is Shin-Kaph-Lamed – pronounced: S'KL

- Shin = Key 20: Spiritual Awakening to the Perfect Love ruling the Cosmic Process
- <u>Kaph = Key 10:</u> As you grasp this with your understanding you rise above life's apparent ups and downs
- <u>Lamed = Key 11:</u> Trusting that benevolent justice rules everyone and everything, you feel the prod to make things right, and follow that prod.

## **9 Universal Principles of Tarot**

<u>Tarot Key 0: The Fool:</u> The Principle Of Uncertainty and Faith. Uncertainty is ever present, but on a deeper level, it is certain that all works perfectly! Meditate on this image to help you to embrace the uncertainty you are facing with perfect faith.

<u>Tarot Key 1: The Magician:</u> The Principle Of The Power Of Your Concentration; since that which you concentrate on, you create, concentrate on what you *intend* to create. Meditate on this image to direct the focus of your concentration into knowing exactly what you intend to create, produce or manifest in your life.

<u>Tarot Key 2: The High Priestess:</u> The Principle Of Subconscious Transmission; Concentrating on knowing what you intend to create transmits a directive to the subconscious mind to come up with ideas, inner visions, feelings of exactly what is your true intent. Meditate on this image to hasten and support the process of turning your intentions into visions.

<u>Tarot Key 3: The Empress:</u> The Principle Of Reproduction; Every physical form is a reproduction of a mental form, of a thought or idea in the mind of the creator; therefore direct or discipline your mind to focus on only beautiful ideas for creation. Meditate on this image to help you to come up with beautiful, harmonious visions of what is possible in this field of limitless possibility.

<u>Tarot Key 4: The Emperor:</u> The Principle Of Order; When we do things in an orderly way we are in alignment with the orderly workings of the universe, and thus we are supported by higher ordering forces. In other words, order emits a harmony that uplifts your circumstances. To help you to align with that orderly way, meditate on this Key.

<u>Tarot Key 5: The Hierophant:</u> The Principle Of The Inner Teacher; It is always wise to turn your hearing inward, in the quest of hearing your silent inner voice of guidance called intuition. Living in an orderly way supports your readiness to hear and heed this call. To help you tune into your inner voice of wisdom's guidance, meditate on this Tarot image.

<u>Key 6: The Lovers:</u> The Principle Of Right Responsiveness or 3-Mindedness; Awareness-Subconscious Attunement-Superconscious response. Meditate on this key to access the Right response to any situation – the one that guides you along your true path.

<u>Key 7: The Chariot:</u> The Principle Of Individuality: You are unique, therefore your true way is unique, and you need the self-mastery necessary to stick with it amidst the barrage of other drives and influences. To help you stick to your true way, meditate on Key 7.

<u>Key 8: Strength:</u> The Principle Of Inner Strength: Inner Strength is the strength to consistently channel your power into loving, intelligent, constructive functioning – free of destructive, chaotic action and reaction. To assist in the building and maintaining of this strength, meditation on Key 8.

<u>Key 9: The Hermit:</u> The Principle Of Inner Light: Within you is an Inner Light revealing to you your next step upward on the path of mastery; To help you to attune to the inner light, meditate on Key 9, The Hermit.

## **7-Steps of Tarot Mastery**

Key 0: Trust in the benevolent nature of the universe and the Divine

Key 1: Decide on your intent

Key 2: Receive secret teachings through your subconscious

Key 3: USE your creative imagination

Key 4: Be an influence of order wherever you are

Key 5: LISTEN to your intuition

Key 6: Choose harmonious paths based on your deepest and truest sense of you inclination

## The Talking Tarot

Words of The Fool:

I am called "Fool", as I disregard all limits. I step out alone, risking it all, leaving it all behind, in the embrace of the infinite possibilities of a new adventure.

I ask you, what are you holding onto? Why are you holding back? Why not live in the free spirit of confidence in the loving light of truth?

While I am called "Fool" by the timid, the tepid and the so-called "practical man", the joy of an open heart is mine. Those who cling to the past, who cling to what they have, live in fearful trepidation of the infinite power of the infinite universe. And what do they get to keep? An illusion of safety and security, while I embrace the safety and security of TRUTH.

I carry the white rose of purified desire, as I desire only to live in my harmonious feeling state of love and trust and openness to total freedom. My body is regenerated by the spirit of vibrant youthfulness. I desire only to be free, and free I am

## Words of The Magician:

Your power follows the direction of your attention. The better you direct your attention, the better you direct your power AND your life.

## **Embodying the keys**

- Feel your feelings as you observe a card
- Feel the essence of the wisdom and power conveyed by the card entering you
- Feel the essence of that wisdom and power merging with your essence
- Feel yourself fully embodying the wisdom and power of the image
- Feel that you ARE what the image conveys
- Feel that state emanating into infinity
- Feel the entire universe emanating that state, that energy and wisdom
- Feel your oneness with that state of the infinite universe

# Royal Powers Of Dominion Over The Kingdom Members of the Royal Court

O The Fool or court jester

1 The Magician - the secret ruler behind the throne

2 The High Priestess – the oracle of the rulers

These are the true leaders as they create:

3 The Empress (she gives birth to the Emperor) – The Female Leader: She Creatively Imagines

4 The Emperor – The orderer of the Kingdom

5 The Hierophant (revealer of sacred things, the inner teacher that guides the Emperor)

## **Members of The Kingdom**

IE: your experiences are transformative

6 The Lovers: attuning to your Path of True Love

7 The Chariot: The psychic nature is held in abeyance to be used as an instrument of the True or Higher (Christ-God) Self

8 Strength: Mastering and transmuting the lower bestial forces through the power of suggestion

9 The Hermit: Union (identification) with the True or Higher Self

10 Transcending worldly attachment for directing the wheel of fortune

11 Recognizing and aligning with the Perfect Justice of the universe

## **Activities of the Members of the Kingdom**

12 Utter surrender to the flow of the universe

13 Embracing change, creating from endings, and seeing through the illusion of death

14 Relating to challenge as an opportunity for personality transmutation

15 Seeing through the illusion of bondage and powerlessness

16 Seeing through the illusion of earthly protection of personal separateness

17 The practice of meditation for clear creating with consciousness along the path of your True Destiny

## **Resulting in**

18 Physiological Transmutation: for higher spiritual evolution on the physical plane

19 Regeneration: the body becomes the home of the True, Liberated Self

20 Resurrection: Hearing and heeding the call to a higher life.

21 Oneness: with the Master of the Universe

## **Closing Meditation:**

## The Temple Meditation for removing blocks and resistance to flowing with the Cosmic Process for a life that works perfectly

- Key 2: Imagine yourself in a beautiful temple
- <u>Key 20:</u> (fire) You see a fire on the alter. Approach the alter slowly. Reach deep inside to pull out any fears, negativity, blockages, judgments or resistance to flowing freely and confidently with the Cosmic Process.
- <u>Key 12:</u> (water) you see a pool of water. Dive into the pool, and when you are submerged, reach deep inside to pull out any fears, negativity, blockages, judgments or resistance to flowing freely and confidently with the Cosmic Process and give them to the water.
- <u>Key 0:</u> (air) step out of the pool and feel a breeze blowing upon you. Reach deep inside to pull out any fears, negativity, blockages, judgments or resistance to flowing freely and confidently with the Cosmic Process, and hurl them into the air.
- <u>Key 18:</u> (earth) now feel the magnetic energy of the earth drawing upon the cells of your body, drawing out and into the earth any cellular patterns of fears, negativity, blockages, judgments or resistance to flowing freely and confidently with the Cosmic Process.
- <u>Key 3:</u> now you see a table, fit for a queen or king. Find yourself at the head of the table and sit in the throne there. As you place your hands on the fine wooden table top, notice a beautiful loaf of fresh baked bread on the table, and feel yourself in the flow of unlimited abundance.
- <u>Key 9:</u> now you notice a light in the distance. You rise and walk toward it, until you find yourself before a giant candelabra of 8 giant candles. As you stand in its light you feel yourself totally enlightened, your mind one with the Divine Mind.
- <u>Key 19:</u> now you smell some lovely incense burning. You walk in the direction of its source and find yourself feeling filled with infinite gratitude for having been set free to flow with perfect trust in the universe.
- <u>Key 11:</u> Now you see a heavy curtain, and watch it part. You slowly walk through the opening into a chamber that feels deeply sacred.
- <u>Key 21:</u> in that chamber you see the Arc of the Covenant, and in that instant you feel totally at one with the Divine. Rest in that infinite Divine Presence as YOU for as long as you like.

This completes the zoom course: Tarot Meditations For Cosmic Consciousness

And A Life That Works Perfectly

And the final zoom course for The Wisdom Of Joy Zoom University

ENJOY THE JOURNEY!

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