

Session 8 of Living The Universal Principles For Having It All

Principle 32: The Universe Is A Perfect Mutual Support System

- This means that every part perfectly supports every other part
- That all of the relationships between the parts perfectly support one another,
 - as well as the universe as a whole, in the fulfillment of its – our - perfect purpose.

Corollary Principle: You always have been and always will be perfectly supported by the universe.

- Choosing or deciding to believe the opposite of Principle 32 causes:
 - Our fear, unhappiness, anger, attachments and greed.
 - The excessive pressure we place on ourselves and others in a frustrating, desperate, *futile* attempt to *make* ourselves safe.
- PRACTICE: trusting in that support – the last step of The Method
 - This perfect state of trust is expressed through B.O.T.A. Tarot Image Zero, The Fool.
 - Gazing receptively at this image empowers that trust and releases it from all bounds.

*A great value of **The Method** is its usefulness in freeing us from the belief that the universe may not perfectly support all of us all the time, and into eternity as well.*

Principle 33: You Cannot Make The Wrong Decision

- Whatever you decide brings you all of the unconditional love and support you can ever want or need.
 - In a very real sense, no decision that you have ever made was better or worse than its alternative.
 - Each brings the needed lessons to the soul

Corollary Principle: Indecision is the worst decision you can make.

- Indecision means that you are trying to *avoid* making a regrettable or wrong decision.
 - It wears you out, runs you down and blurs the intuitive feeling sense.

Corollary Principle: You do not MAKE decisions, you RECEIVE them

- You cannot MAKE a decision through thinking:
 - You RECEIVE the right decision through intuitive feel-knowing
 - Begin by FEELING the perfect outcome

Corollary Principle: You never need to re-decide

- We feel insecure about a decision based on the belief that a wrong decision is possible, that the universe may *not* offer perfect support from where we are.
- Since the universe always perfectly supports you, regretting or trying to go back on a decision for a better outcome is a waste of attention, time and energy.

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Corollary Principle: It is never too late to make the right decision

- If you find yourself questioning a past decision or action, rather than agonizing over it or worrying about it, simply focus on the guidance coming to you from an openness to your deepest sense of purpose, rightness, truth for you.

Principle 34: Our beliefs, not the facts, cause our negativity (fear, disappointment, frustration and resentment)

- Our belief *about* what happened causes our emotional response to it
 - A belief, not reality, causes emotional pain or discomfort about your past (be that years ago, or even seconds ago)
 - Drop beliefs that close your heart, cause you fear, anger or disappointment
 - Open your heart to an empowering, inspiring, joyful and expansive perspective: seeing through the perspective of the Universal Principles For Having It All. IE:
 - Everyone loves you unconditionally.
 - Everyone gives you the support you need to see your limiting patterns and free yourself to having it all.
- **EXERCISE:** Choose a past difficult event to work on.
 - What did / do you believe to be true about the situation, about yourself, about the people involved?
 - See how your feelings about what happened is based on your beliefs about what happened.
 - Open your heart to a perspective of the ways what happened inspires love and appreciation.
 - Imagine that the people involved truly loved you and were operating in support of your liberation from disempowering states and realization of your own infinite power to create what you want.
 - See / feel everyone loving you
 - See/ feel everything they did as supportive
 - Feel grateful appreciation for their involvement

CLOSING EXERCISE:

- The Temple Meditation For Dissolving Doubt About The Perfect Support Of The Universe